

Preparing for the Sacrament of Marriage



Preparation for the Sacrament of Matrimony includes several different elements:

- Initial contact with the parish pastor or pastoral minister
- Pre-Marriage assessment tool such as PREPARE/ENRICH or FOCCUS
- Formation through a parish marriage preparation program, sponsor couple or diocesan workshop
- Liturgical planning with the parish liturgical musician

The Diocese of Saginaw offers two different and complementary marriage preparation programs to assist parishes in preparing couples for marriage. Each program is offered three times a year. Please consult with your pastor to determine whether one or both programs are necessary.

MARRIAGE PREPARATION WORKSHOP

Schedule

2020

2021

March 13, 2021

July 31, 2021

October 31, 2020 October 30, 2021

All workshops are from
9:00 am-3:30 pm

Online Virtual Program

Fee: \$50 per couple

Among the topics presented are:
Theology of marriage, living out the sacrament of marriage, marital intimacy, natural family planning, communication, conflict resolution, family of origin, financial matters, prayer and forgiveness.

The workshop features presentations by trained marriage facilitators, practical couple exercises, private discussion and prayer.

RELATIONSHIP INVENTORY (PREPARE/ENRICH)

Schedule

2020

2021

April 17, 2021

July 17, 2021

October 3, 2020 October 9, 2021

All workshops are from
9:00 am-3:00 pm

Online Virtual Program

Fee: \$50 per couple

This seminar will explore relationship strength and growth areas, strengthen communication skills, identify and manage major stressors, understand and appreciate personality differences and many other topics.

Each couple will receive a personalized report.

The workshop features presentations by a trained and certified Prepare Enrich Facilitator and will provide opportunity for private couple discussion.

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